Lesson 10.12 Setting the Break Timer

In this section you'll learn to turn the microphone off for a given amount of time.

This set of commands makes it easy to take short breaks to stretch your muscles or give your eyes a rest. These commands can also be used as a more efficient way to turn the microphone off and on for just a few seconds to, for instance, reply to a colleague or say "no" to a misbehaving cat.

Table 10.12: Setting the Break Timer

Say	To
1-90 Seconds Break **1-90 Minutes Break** **1-90 Minutes 1-60 Seconds Break**	set a 1-90 seconds break set a 1-90 minutes break set a 1-90 minutes and 1-60 seconds break
1-90 Seconds Break Wait 1-90 Minutes Repeat 1-10 **1-90 Minutes Break Wait 1-90 Minutes Repeat 1-10**	set a series of 1-90 seconds breaks set a series of 1-90 minutes breaks

> Note: You can override a break at any time by turning the microphone back on using the keyboard or mouse. If you override the break by turning the microphone back on again you'll still hear the computer say "I'm Back" when the break time is over.

> Potential Gotchas: When using these commands make sure your sound system is turned on. Active breaks are unaffected when the microphone is asleep or off, but all active breaks are canceled when you close NatSpeak.

Take a break

The Break Timer combines timing and turning off the microphone. The command turns off the microphone for a given number of seconds and/or minutes, then turns it back on again. If your speakers are turned on, you'll hear audio confirmation at the start and finish of the break.

To set the Break Timer to 1 to 90 seconds or minutes
- say a number from 1 to 90 followed by "Seconds" or "Minutes", followed by "Break"

    Examples: **"30 Seconds Break"** turns the microphone off, says "30 Seconds Break", then 30 seconds later says "I'm Back" and turns the microphone on

    > **"90 Seconds Break"**
    > **"3 Minutes Break"**
    > **"25 Minutes Break"**

To set the break command for a number of minutes and seconds
- say a number from 1 to 90 followed by "Minutes", followed by a number from 1 to 60 followed by "Seconds", followed by "Break"

    Examples: **"3 Minutes 10 Seconds Break"** turns the microphone off, says "3 Minutes 10 Seconds Break", 3 minutes and 10 seconds later says "I'm back" and turns the microphone on

    > **"1 Minutes 5 Seconds Break"**

To set the Break Timer to go off as many as 10 times in a row
- say a number from 1 to 90 followed by "Minutes" or "Seconds" followed by "Break", followed by "Wait" followed by a number from 1 to 90 followed by "Minutes" or "Seconds", followed by "Repeat" followed by a number of breaks from 1 to 10

    Examples: **"5 Minutes Break Wait 30 Minutes Repeat 6"** sets up a 5-minute break reminder every 30 minutes over the next 3 hours

    > **"15 Minutes Break Wait 90 Minutes Repeat 4"** sets up a 15-minute break every 90 minutes over the next 5 and a half hours

    > **"5 Seconds Break Wait 30 Seconds Repeat 4"** sets up a 5-second break every 30 seconds over the next minute and 50 seconds